



May 2025

Hi ,

Best practice in early childhood intervention is important to all families raising children with disability. I am so pleased that over the past 12 months ACD has heard from hundreds of families across Australia about their experiences of early childhood intervention.

These insights helped inform the new national best practice framework for early childhood intervention.

The framework has been developed by a team led by the University of Melbourne. It highlights that families are the most important people in children's lives and that children learn best through everyday routines in the places they spend the most time. The rights, interests and strengths of children are key principles in the framework.

You can hear about how the framework was developed and what it will mean for families with children with developmental delay and disability at a [free online information session](#).

Karen Dimmock, CEO

Free online workshop

Successful Secondary Years

ACD Advocating for children with disability



If you have a child with disability in Years 7 and above don't miss this FREE online workshop.

You'll get information about the systems and processes in secondary school and build your confidence to support your child on their school journey.

Topics include:

- Reasonable adjustments at secondary school
- Social connections and wellbeing
- Communication with school
- Supporting your child to self-advocate

[Register now](#)

Turning 18 Checklist

ACD's free Turning 18 Checklist is one of our most popular resources. It includes information on post-school options, NDIS, healthcare, future planning, Centrelink, Medicare, and more. As your child nears 18, this practical checklist will guide you through their next steps into adulthood.

[Learn more](#)

Free online workshop

NDIS Good Evidence

ACD Advocating for children with disability



"I learned some great tips, lots of practical advice and useful links to more info. The presenters were reassuring, and by the end of the session, I felt less confused about how to gather strong evidence." - Workshop attendee

Are you the parent of a child with disability who's an NDIS participant? Then join ACD for NDIS Good Evidence, a brand-new FREE online workshop.

This 90-minute workshop will explain why good evidence matters for your child's NDIS plan. Topics include:

- Tips for gathering strong evidence
- The importance of evidence in NDIS planning
- How good evidence can highlight your child's needs

[Register now](#)



Workplace flexibility for carers

If you care for a child with disability, you have the right to ask for flexible work under the Fair Work Act. This can help you balance work and caring responsibilities, especially when your child needs extra support.

Our latest blog gives you all the details about your rights as a carer in the workplace, what evidence you can provide and what happens after you make a request for flexible work.

[Learn more](#)

Disney On Ice: Auslan interpreted performance

Join Mickie and Minnie at Rod Laver Arena to meet all your Disney heroes!

Disney on Ice is coming to Melbourne this July, and families can enjoy a special Auslan interpreted performance on Friday 18 July at 11 am.

When booking your tickets, you will see the Auslan zone shaded on the seating map. Be sure to book in this area so you can clearly see the interpreter. Tickets are \$55, and Companion Card holders go free.

[Find tickets](#)



This free online presentation is aimed at families of children aged 12+ to help you better understand and support your child to navigate respectful, consenting relationships.

Co-hosted by ACD and Amaze, it will be presented by Maree Crabbe, who is an educator and Director of the Australian Violence Prevention initiative, and Dr. Wenn Lawson, autism expert, researcher, and author. Topics will include:

- Autism, young people, and technology
- Autism, young people, puberty, and sexuality
- Pornography and young people
- What we can do to address pornography's influence

This event is not to be missed - book your spot to avoid disappointment.

[Register now](#)

Call our Support Line

03 9880 7000

1800 654 013 for regional callers



ACD's Support Line is a free service for families of children aged 0 to 18 with any type of disability and developmental delay in Victoria.

Our friendly and knowledgeable Support Advisors can help you understand your child's rights and support you to advocate for your child and family on matters like school, NDIS, and more.

Professionals who work with children with disability and their families can also call our Support Line.

The Support Line is open Monday-Friday 9 am to 5 pm. No diagnosis is needed to use the service, and interpreters are available.

Call [03 9880 7000](tel:0398807000) or [1800 654 013](tel:1800654013) (regional callers).



How a support worker can help

NDIS-funded support workers can become an important part of your child's team. With careful planning, they can help support your child's development and allow you to take short breaks or respite.

ACD's guide is full of practical information on topics such as how to plan and work effectively with your support

worker, and ideas for activities they can do with your child at home and out in the community.

[Find out more](#)

My Child's Choices workshops

Fostering independence and decision-making from an early age helps children build essential life skills that help them throughout their lives.

My Child's Choices are free 90-minute online workshops for families of children with disability or developmental delay. The workshops empower families who are navigating the NDIS to actively support their child's growth. The workshops provide:

- A deeper understanding of what child agency is and its role in development
- Strategies to support children in expressing thoughts and making age-appropriate decisions
- Guidance on how to embed agency within family life, aligned with values and routines
- A safe, interactive space to learn and connect with other caregivers

Developed by Noah's Ark, My Child's Choices are funded by the NDIS Quality and Safeguards Commission Grants Program.

[Book now](#)



All-abilities sport and recreation activities

Looking for sport and recreation activities your children will enjoy? Aaaplay has a directory of all-ability sport programs across Victoria. To help you find the right fit for your family you can filter the directory by age, venue type, and access needs. Activities include:

- Basketball
- Swimming
- Auskick and AFL
- Soccer, and so much more!

[Find out more](#)

Best wishes

The ACD team

Stay connected



03 9880 7000 | 1800 654 013 (regional)
Level 1, 587 Canterbury Road Surrey Hills VIC 3127

ACD acknowledges the traditional owners of this land. We recognise their continuing connection to land, waters and community. We pay our respects to Elders past and present.

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