



## March 2025

Hi ,

Welcome to the new look latest issue of NoticeBoard. We have shortened our name to ACD, and we are using the tagline 'Advocating for children with disability' to better reflect the work we do.

Over the past few weeks, we have been busy speaking up for the things that matter to families.

I met with both the Assistant Minister for the Prime Minister, Patrick Gorman MP, and the Victorian Parliamentary Secretary for Children, Nathan Lambert MP. We talked about:

- The positive impact of disability advocacy for families
- The benefits of family-led peer support
- Including the voice of families in the design of foundational supports
- The need to do more to give children with disability a better education

With the federal election around the corner, we will continue to advocate for what matters.

**Karen Dimmock, CEO**

Free online workshop

## First Steps

ACD  
Advocating  
for children  
with disability



If you have a young child with developmental delay or disability, you're probably trying to navigate huge amounts of information and find out what supports are available.

This popular workshop has practical information to help you decide where to start and find what you need to support your child and family. It includes topics such as:

- Respite: why it's important and the different types
- Financial supports: what's available and what you can ask for
- Self-care and staying connected
- Supporting siblings

Only two sessions are running in April, so register today to secure your spot.

[Register now](#)



## Talking to your child about puberty

Talking to your child about puberty and the changes they will experience can be difficult for families.

Planet Puberty has a range of conversation starters and resources available to help your child understand their body, and how to take care of it.

Planet Puberty is specifically designed for young people with intellectual disability and autism.

[Go to Planet Puberty](#)

# Advocating at School



If your child needs more support at school and you're unsure what you can ask for or how to start the conversation with the school, then register today for this free online workshop.

Advocating at School will give you practical information and build your skills and confidence to advocate for your child. Topics include:

- Children's rights in education
- Reasonable adjustments: what they are and what you can request
- School processes
- Student support plans

This workshop runs once a year, so don't miss out.

[Register now](#)

## Finding a therapist

Allied health therapists work by helping you to help your child. Therapy should be family-focused because you are the most important people in your child's life.

ACD's free guide is full of information on types of therapy, finding the right therapist for your child and family, what good therapy should look like, and what to do if you have concerns about a therapist.

[Learn more](#)



## Claiming Carer Allowance

If you care for someone who needs daily support, you may be eligible to apply for the Carer Allowance, which is \$159 per fortnight.

You can receive this allowance for each eligible person you care for. This means if you have more than one child with disability, you receive the allowance for each eligible child.

If you have multiple children who don't quite meet the threshold, their combined care needs may mean you are still eligible to receive the Carer Allowance.

[Find out more](#)



## Supporting young people with disability to vote

The federal election is just around the corner. Every Australian citizen over 18 must vote in elections. Young people with disability can vote, and their families can support them to complete the process.

If a young person in your life will be voting for the first time, you'll find our new blog useful. We've gathered information to make voting as simple as possible for your young person.

This includes information about enrolling to vote, where to find easy-read guides and social stories, how you can practice voting, and more.

[Read the blog](#)



## What's inside the Wonderbox?

Wonderbox is an enchanting multi-sensory, interactive performance, specially produced for children with disability. There are performances coming up in Melbourne and Bendigo.

Inside this giant puzzle-box, children discover an inclusive wonderland of magical projections, live music, and delightful surprises. Performers adapt each show to the audience, to create a uniquely accessible theatrical experience.

For more information on [Melbourne](#) shows.

For more information on [Bendigo](#) shows.

## Best wishes

The ACD team

Stay connected





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ACD acknowledges the traditional owners of this land. We recognise their continuing connection to land, waters and community. We pay our respects to Elders past and present.

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