



April 2025

Hi ,

In this federal election, we are speaking up for what matters to families raising children with disability.

[Our federal election platform](#), in partnership with the Child and Family Disability Alliance, calls for:

- A support guarantee for all children with developmental delay and disability
- Stronger inclusion in early childhood education and care
- More family-led peer support, family capacity building, and advocacy support

We are excited for young people with disability who are voting for the first time in this election. Please read our [blog](#) on supporting young people to vote. It has links to social stories, practice ballots, and information about accessible voting.

Karen Dimmock, CEO

Free **online workshop**

Teens and Beyond

ACD Advocating for children with disability



Do you have a child aged 13+ with disability? If the answer's yes, then you're probably thinking about how

best to support them with school and post-school options, puberty, and growing independence.

Teens and Beyond, our three-part workshop series has the resources and information you'll need to support your child now and into the future.

Topics include:

- Financial support
- Building your teen's independence
- School and post-school options
- Wellbeing: friendships, communication, behaviour support and good mental health

[Register now](#)


Finding financial assistance

A range of financial assistance and other support is available to families of children with disability.

Every family is different, and the financial support available to you will depend on your circumstances. It can be complex working out what assistance you and your family might be eligible for.

To help you, we have created a FREE fact sheet about the available payments and support.

[Learn more](#)



A free online support program for fathers of children with developmental delay and disability

Working Out Dads

ACD Advocating for children with disability

Working Out Dads

tweedle child & family health service

Being a dad to a child with developmental delay or disability can be challenging, and finding the right support isn't always easy.

Working Out Dads is a six-week online support program that has been designed for fathers of children with developmental delay or disability.

What to expect:

- Weekly 90-minute online sessions, designed just for dads
- Led by two male facilitators, one of whom is a father of a child with a disability
- A 60-minute group discussion where dads can share, listen, and learn
- A 30-minute online session with a certified personal trainer on building movement and activity into daily life

So, if you're a dad, or you know one, who would benefit, sign up or share the link below.

[Register now](#)

School camps and excursions

Excursions and camps are an important part of the school curriculum, and every child has the right to attend. Schools must make reasonable adjustments to include students with disability.

ACD has a free fact sheet with information to help you start the conversation with the school. There's a checklist of things to mention, examples of reasonable adjustments that can be made, and ideas on how to prepare your child.

[Find out more](#)



Be Safe Online

Everyone deserves to feel safe online, whether you're playing games, chatting on social media, or streaming.

How can I avoid scams? Who is my friend online? What personal information can I share online? These questions and more are covered in Be Safe Online, a set of practical online resources to help families with children with disability create a safer online experience.

ACD staff member Chrissy (pictured above) and our Community Champion volunteers were part of the advisory group for the project led by Scope.

Free resources include Easy English guides about:

- Online bullying
- Sharing personal information
- Staying safe from scams

[Find resources](#)

Have your say

Carer Supports



The Victorian Government is refreshing the Victorian Carer Strategy, and ACD is holding sessions to give families the chance to discuss what support helps them in their caring role.

Topics to be discussed include:

- Financial security
- Connecting with peer support
- Respite and support to help carers

The conversation will focus on practical solutions and any Victorian state-based supports that are currently working

well.

This will be an opportunity for ACD to listen to your reflections on what is working and hear your ideas for change. Your feedback will be deidentified and passed on to the Victorian Government.

Attendees with a Victorian postal address will also receive a \$50 shopping voucher for their time.

[Register now](#)



Safest car seats and harnesses for children with disability

It can be difficult to find information, support, and products to ensure your child with disability is safe when travelling on the road.

MACA makes it easier for families by providing accurate information and product round-ups, and they also have a database of MACA-trained occupational therapists, who can assist with your transport safety concerns.

The MACA Hub is an essential guide for families looking for the safest car travel for their children.

[Visit the hub](#)



Premier's Reading Challenge

We're excited to see that four of our favourite books have made it onto the Victorian Premier's Reading Challenge list. We hope you and your family enjoy reading them as much as we did:

- Some Brains: A Book Celebrating Neurodiversity by Nelly Thomas, illustrated by Cat McInnes
- Matt Formston: Surfing in the Dark by John Dickson, illustrated by Phillip Bunting
- Come Over To My House by Eliza Hull and Sally Rippin, illustrated by Daniel Gray-Barnett
- Remarkable Remy by Melanie Heyworth, illustrated by Nathaniel Eckstrom

[Check out the list](#)

Best wishes

The ACD team

Stay connected



ACD

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ACD acknowledges the traditional owners of this land. We recognise their continuing connection to land, waters and community. We pay our respects to Elders past and present.

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