



## July 2024

Hi ,

We love it when families raising children with disability get to speak up on issues that are important to us.

This term, families will have two opportunities to speak up and share their experiences.

Lack of reasonable adjustments is the number one education issue families raise with us. So we're running two online sessions to amplify this and hear your experiences of what made it easier or harder for your child to get adjustments.

[Register for Have your say: Reasonable adjustments at school.](#)

The Australian Government is running consultations to inform the development of a National Carer Strategy. There are in-person and online options to choose from. [Read more.](#)

**Karen Dimmock, CEO**



If you have a school-aged child with disability, this FREE workshop clearly explains how school processes work

and will build your confidence to help you get the supports your child needs at school. Topics include:

- Individual Education Plans
- Behaviour Support Plans
- Reasonable adjustments
- Understanding school processes

This is a popular workshop, so register today!

[Register today](#)

## Join the ACD team

We have two exciting new roles in our small, dynamic ACD team:

### Digital & Communications Officer

A fantastic opportunity to build on your skills, work across a range of projects and make your mark in our fast-paced Communications Team.

### Community Education Coordinator

Use your exceptional organisational skills to coordinate the Community Education Team and help empower families through impactful workshops and resources.

If one of these roles sounds like you, [visit our website](#) and apply today.

[More information](#)



*"Such clear advice. I've felt so overwhelmed for weeks and the ACD Support Line gave me easy-to-follow direction for the next steps in our situation." Support Line caller*

ACD's Support Line is a **free** telephone advocacy service for all Victorian families raising children with developmental delays and disability from birth to 18.

Open Monday – Friday 9 am to 5 pm. Interpreters are available. No diagnosis is needed.

Call the ACD Support Line on [03 9880 7000](tel:0398807000) or [1800 654 013](tel:1800654013) (regional).

## Health DLOs: what are they and how can they help?

Health Disability Liaison Officers (DLOs) provide support so that children and adults with disability can get better access to healthcare. Based in health services across metropolitan and regional Victoria, they offer a range of help such as booking appointments, communication assistance, and arranging reasonable adjustments.

You can contact a DLO for assistance by [email](#) or by contacting your local health service.

[Learn more](#)



Virtual MyTime is an online peer support group for parents of children with disability, which gives you the flexibility to connect with others from the comfort of your own home.

Our professional facilitator is the parent of a young person with disability, and offers support and guidance during the sessions.

Sessions for Term 3 begin on Monday 22 July at 7.30 pm and will continue every week at the same time. Everyone is welcome, whether you're new or if you attended last term.

Book your spot today and start connecting with others.

*\* MyTime is funded by the Australian Government Department of Social Services and is nationally coordinated by the Parenting Research Centre.*

[Book now](#)

## Porn Is Not the Norm

Young people with disability, particularly autism and intellectual disability, are especially vulnerable to the negative influence of online pornography. But there are things that families can do: limit exposure, model respectful relationships, encourage young people to think about what they see online and talk about online safety.

Porn Is Not the Norm is a useful resource for families, schools, carers and professionals. It highlights the issue and provides videos and tips on how to support young people with disability to safely navigate online influences and build respectful relationships.

[Read more](#)



Reasonable adjustments are the changes that schools make so that students with disability can participate on the same basis as other students. These can be changes

to the curriculum, teaching approaches, classroom set-up, or accessing support services.

ACD is holding two online sessions to hear directly from families about their experiences in planning and implementing reasonable adjustments with their child's school. De-identified information from the sessions will be shared with the government as part of our advocacy to make education better for students with disability.

Register today to have your say!

[Have your say](#)



## Accessible fun at Phillip Island

If you're looking for accessible family activities, head to Phillip Island Nature Parks to see koalas and penguins up close.

The Koala Conservation Reserve and Penguin Parade have great accessible features such as wide paths and ramps for wheelchair access, interpretive displays, sensory bags, and designated quiet zones. There is also a Changing Places toilet at the Penguin Parade visitor centre.

Companion Card holders are free of charge and there are concessions for Carer Cards.

[Visit the site](#)

**Best wishes**

The ACD team

Stay connected

Follow us on



Association for  
Children with a  
Disability

[03 9880 7000](tel:0398807000) | [1800 654 013](tel:1800654013) (regional)

Level 1, 587 Canterbury Road Surrey Hills VIC 3127

ACD acknowledges the traditional owners of this land. We recognise their continuing connection to land, waters and community. We pay our respects to Elders past and present.

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