Do you have questions about the NDIS review?



#### February 2024

Hi,

The NDIS Review final report was released late last year. It looked at how the NDIS was performing and made recommendations about how it should work in the future.

Over 50% of NDIS participants are children, so you probably have lots of questions about what the review means for your child and family.

As part of the Child and Family Disability Alliance, ACD is presenting a live online Q&A session with Professor Bruce Bonyhady, a key architect of the NDIS and one of the co-chairs of the recent NDIS Review.

The session will be hosted by Elly Desmarchelier, disability rights campaigner, former National Spokesperson for the Defend Our NDIS campaign, and proud disabled woman who lives with physical disability and neurodiversity.

<u>Book your spot today</u> for the NDIS Review Q&A on Thursday 21<sup>st</sup> March at 7:30 pm (AEDT) and you can submit your question in your registration.

#### Karen Dimmock, CEO



If you have a young child with developmental delay or disability, you're probably trying to navigate lots of information and find out what supports are available.

This popular workshop has practical information to help you decide where to start and find what you need to support your child and your family. It includes topics such as:

- Respite: why it's important, different types, and how to get it in your NDIS plan
- Financial supports: what's available and what you can ask for
- Self-care and staying connected
- Supporting siblings





# Finding mental health support for your child

Dealing with mental health issues and disability can be challenging for both you and your child. Sometimes, symptoms of anxiety and depression are overlooked in children with disability. It's important to trust your instincts and seek assistance if your child experiences unexplained mood or behavioural changes.

Our free guide gives practical information on the different types of support that are available.

Find out more



## Connecting with other families

Getting to know other families raising children with disability is a great way to build your information and support network. It can be a valuable source of emotional support and a great way to see how others approach challenges.

There are many ways to connect with other families: meeting in person, connecting online, or through a disability-specific group.

We've listed groups and networks to help you make a start, and to choose what works best for you and your family.

Read our guide

### Professional development for educators

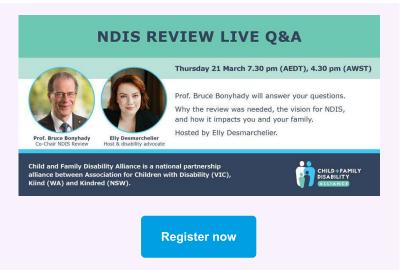
Sharing resources with your child's educator is a great way to help them create a supportive environment for your child, whether it's in school, kindergarten, or childcare.

ACD has developed two free guides you can share:

Professional development for early childhood educators

Professional development for teachers

Each guide has practical information on topics such as different disabilities, the rights of students with disability in





#### Funding at childcare and kindergarten

If your child is in kindergarten or childcare, there is funding assistance available to support their inclusion. The type of funding and who applies for it depends on the setting you've chosen.

We've put together an overview of the different funding programs, how to apply for them and some useful links.

**Find information** 

# Accessible parking permits

Parking as close as possible to your destination can be helpful when you have children with disability. An Accessible Parking Permit allows you to use specially marked parking spaces. To be eligible for an accessible parking permit, you or your family member must have:

- A significant mobility impairment OR
- An acute or chronic medical condition where walking up to 100 meters requires stopping several times OR
- A cognitive, behavioural, or neurological impairment, that prevents safe movement on their own

You will need a functional assessment from a GP or an occupational therapist to complete the application.

Find out more



### Leaving school a better place

"I've always said that our legacy as a family, for every school or every community that we live in, is that we leave it a better place. The legacy is that when Liam does move on, that school is a better place for any other child, whether they have a disability or not because every child is going to benefit from a fully accessible campus."

Read the full story

#### **Best wishes**

The ACD team

#### Stay connected

Follow us on





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ACD acknowledges the traditional owners of this land. We recognise their continuing connection to land, waters and community. We pay our respects to Elders past and present.

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