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Inclusive Summer Fun

Hi Sophie,

Happy New Year!

At ACD we love inclusive fun for children with disability. For us, inclusive means local, free or low cost, accessible and welcoming.

We've come up with a range of options and we hope you find something that suits you and your family this summer.

If you have recommendations for the best inclusive playgrounds across Victoria we would love to hear from you! Email your suggestions to mail@acd.org.au.

I hope you have fun this summer.

Karen Dimmock, CEO



Get ready for the year ahead

We know it's still the school holidays, but now is a good time to prepare for the year ahead.

ACD's FREE telephone advocacy Support Line can help you with questions you may have about how funding works at childcare, kindergarten, or school. We can also

help you find out what to ask for and how to work in partnership with your child's educators and teachers.

We reopen at 9 am on Monday 8th January.

Call the ACD Support Line on 03 9880 7000 or 1800 654 013 (regional).

Lines are open Monday – Friday 9 am to 5 pm.
Interpreters are available.



Accessible beaches

If you're thinking about going to the beach this summer, there are plenty of accessible and inclusive options for you and your family to enjoy.

Lots of local councils have accessible facilities, such as beach matting, beach wheelchairs for hire, and Changing Places toilets.

We've compiled a snapshot of the accessible beaches along Victoria's coast that you'll find helpful this summer holiday.

[More information](#)



Polyglot children's activities

Polyglot Children's Theatre has some FREE fun accessible things on offer this summer. Activities are wheelchair accessible and visual stories are available.

In Wodonga you'll find the Sound of Drawing, an amazing activity for the family where headphones turn your drawings into sound.

In Melbourne, FLOAT invites children aged 3-8 and their families to create boats from leaves and float them on the reflection pool at MPavilion.

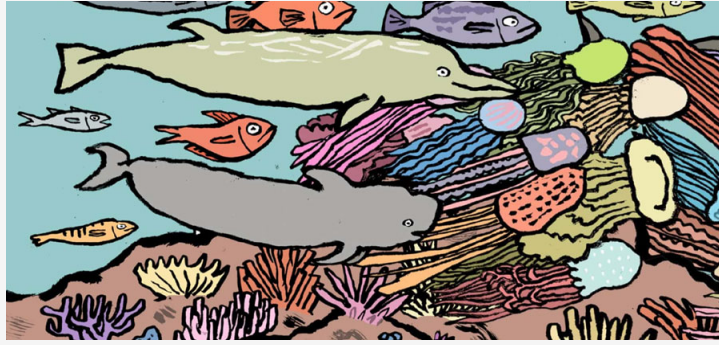
[Event information](#)

You, Me, and Summer by the Sea

Every January school holiday, Coastcare Victoria runs free 'Summer by the Sea' activities along the Victorian coastline. They're suitable for all ages and abilities and a chance to discover the amazing coastal and marine environments where we live and play.

The program runs from 6-25 January, and there are several accessible events in various locations, including disabled snorkeling, dolphin discovery, bug blitz by the sea, and dinosaur discovery.

[Read more](#)



Relaxed sessions at NGV

Why not have a sea adventure at the National Gallery of Victoria this summer?

The children's gallery at the NGV has been transformed into an underwater world, inspired by art, having fun at the beach and caring for the environment. Created by French artist Jean Jullien, this enchanting exhibition has relaxed sessions on Thursday 11th January at 8.30 am and Saturday 13th January at 8.30 am.

Entry is free but booking is required.

[Find out more](#)



Wheely good fun!

Children's bicycle parks are great fun for adaptive bikes, scooters, bicycles, and wheelchairs.

They're free and open every day, and with so many of them located across Melbourne, there's bound to be one near you!

Relaxed sessions at the Royal Botanic Gardens

The Royal Botanic Gardens Melbourne has a FREE relaxed session of Botanica - A Village Under The Oak Trees these school holidays.

Children can get creative by making cubbies and creatures using natural materials collected from the gardens.

During the relaxed sessions there are fewer visitors and materials can be collected from activity stations for use away from the main activity area. There's also a visual story available.

The relaxed session is on Tuesday 16th January, 2 pm - 4 pm.

For more information and to get a visual story, email: events@rbg.vic.gov.au



Model trains on Philip Island

Head to Philip Island to see a fantastic miniature railway exhibition on the 20th and 21st of January. As well as model trains, you'll see miniature buildings, cars, and people.

Location: Cowes

Tickets: \$20 per family (2 adults and 3 children) or \$8 per adult, \$5 per child (age 5-15).

Free for children under five.

[Further details](#)



Inclusive playgrounds in regional Victoria

If you're in regional Victoria this summer holiday, take a look at some of our favourite inclusive playgrounds. They're usually fenced, accessible and have a range of play equipment for children of different ages and abilities. With BBQs and shaded areas, you can make a day of it.

[Regional playgrounds](#)

Have an enjoyable summer.

The ACD team

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Association for
Children with a
Disability

[03 9880 7000](tel:0398807000) | [1800 654 013](tel:1800654013) (regional)
Level 1, 587 Canterbury Road Surrey Hills VIC 3127

ACD acknowledges the traditional owners of this land. We recognise their continuing connection to land, waters and community. We pay our respects to Elders past and present.

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