

## Toileting and other support at school



Schools must provide toileting, eating and drinking, and complex medical care support to children who need it because of their disability.

### Who can get toileting support

Toileting or continence support in school is provided to students with a range of needs, including students who:

- Need reminding to go to the toilet
- Need help wiping or hand washing
- Need help with menstruation
- Have life-long complex conditions which affect their bladder or bowel
- Wet or soil themselves unexpectedly

Your child does **not** need to receive funding from the Program for Students with Disability or Disability Inclusion to receive toileting support.

### Who can get eating and drinking support

Help with eating and drinking is provided to students with a range of needs, including students who:

- Need a calm environment with positive reinforcement
- Need positioning for safety and comfort
- Need close supervision to prevent choking

### Complex medical care can include:

- Tracheostomy care
- Seizure management
- Medication by injection or rectal suppository
- Administering suction
- Tube feeding
- Specialised medical procedures

School can access training from the Royal Children's Hospital in complex medical care as part of the Schoolcare Program.

## Making a plan

The best starting point is to make a Student Health Support Plan.

Parents, school staff and allied health therapists who know your child should have input into the plan:

- For toileting support the student's health practitioner must complete a [Personal Care Medical Advice Form for a student who requires support for CONTINENCE](#)
- For eating or drinking support the student's relevant health practitioner needs to complete a [Personal Care Medical Advice Form for a student who requires support for Oral Eating and Drinking](#)
- For medical care the student's health practitioner needs to complete a [General Medical Advice Form](#)

Once a plan is made, schools should **not** call families to pick up their child if they have wet or soiled themselves.

## What families can do to help

- Notify the school of your child's support needs
- Get your child's medical practitioner to complete the correct form
- Work with the school to make a Student Health Support Plan
- For students with toileting support needs: pack a change of clothes, a water-proof bag for soiled clothing, and continence products (wipes, pads, catheters, etc.)

## Useful links

### Policies

[Department of Education Continence Care Policy](#)

[Department of Education Eating and Drinking Supervision Policy](#)

[Department of Education Health Care Needs Policy](#)

### Plan

[Student Health Support Plan](#)

### Forms to be completed by health practitioners

[Personal Care Medical Advice Form for a student who requires support for CONTINENCE](#)

[Personal Care Medical Advice Form for a student who requires support for Oral Eating and Drinking](#)

[General Medical Advice Form](#)

### Additional support

[Schoolcare program](#)

[Epilepsy Smart Schools](#)

[Toilet Tactics - Continence Foundation of Australia](#)