**About Me**

**Name:**

Photo

**I like to be called:**

**Age:**

**What’s important to me – my likes and interests**

**What people like and admire about me – my strengths**

**I learn best when**

**How best to support me – what helps to calm me**

**If there are changes to the school day (e.g. My teacher is away), these are other teachers and peers I work well with and situations that may stress me**