



Regional Quick Guide

North Eastern Non-Metropolitan Region

This Regional Quick Guide complements our Through the Maze booklet, available from the Association for Children with a Disability, phone **9818 2000** or **1800 654 013 (rural callers)** or visit **www.acd.org.au**. If you need a language interpreter phone **13 14 50**.

The North Eastern non-metropolitan region includes the Local Government Areas (LGA's): Alpine, Benalla, Indigo, Mansfield, Mitchell, Moira, Murrindindi, Greater Shepparton, Strathbogie, Towong, Wangaratta and Wodonga.

*Services listed include the above LGA's unless otherwise specified.

Parent Support

Regional Parent Support Coordinator

Benalla

Roslyn Archer

Benalla Support Group for Children with Special Needs

Phone **5762 7057**

Email bsgroup@telcoplus.com.au

Mansfield

Tandy Annuscheit

Mansfield Support Group for Children with Special Needs Inc

Phone **0428 410 883**

Email snmansfield2010@gmail.com

Seymour, Shepparton & Yarrawonga

Nicole O'Brien

Goulburn Valley Support Group for Children with Special Needs Inc

Phone **5831 7157**

Email information@gvsgcsn.com.au

Wodonga

Sue Pringle

Aspire Support Services

Phone **02 6058 4000**

Email sue.pringle@aspiress.com.au

Web www.aspiress.com.au

Murrindindi

Liz Klein

Goulburn Valley Support Group for Children with Special Needs Inc.

Phone **0497 483 319**

Email spspparentnetwork@gmail.com

Child and Adolescent Mental Health Service (CAMHS)

Psychiatric Triage (information, assessment & referral) 24 hour service, 7 days a week.

Greater Shepparton, Mitchell, Moira-East (part), Murrindindi, Strathbogie
Phone **1300 369 005** (24hrs/7days)

Alpine, Benalla, Indigo, Mansfield, Moira-East (part), Towong, Wangaratta & Wodonga.
Phone **1300 881 104**

www.health.vic.gov.au/mentalhealth/services/child/index.htm

Child care

Child Care Access Hotline

Phone **1800 670 305**

Continence Support Services & Assessment Clinics

National Continence Helpline
Phone **1800 330 066**
www.continence.org.au

Albury Wodonga Health
Phone **02 6051 7495**
www.wrhs.org.au

Goulburn Valley Health Continence Service
Phone **5832 3100**
www.gvhealth.org.au

North East Health Continence Clinic
Phone **5722 5333**
<http://nhw.hume.org.au>

Ovens and King Community Health Inc.
Phone **5723 2000**
www.ovensandking.org.au

Counselling Support Services

Carers Victoria
Carer Advisory Line - **1800 242 636**
www.carersvictoria.org.au

Family Relationship Support for Carers
Phone **1300 303 346**
www.each.com.au/family-relationship-service-for-carers/

Department of Education and Training (DET)

Phone **5761 2100** (Benalla)
www.education.vic.gov.au/about/department/structure/Pages/northeastern.aspx

Disability Services

Department of Health and Human Services (DHHS)

Disability Client Services –Intake and Response
Phone **1800 783 783**
www.dhs.vic.gov.au/for-individuals/disability

Community Interlink -Shepparton
(Mitchell, Moira, Murrindindi, Greater Shepparton, Strathbogie)
Phone **5823 6555** or **1800 222 582**
www.murrindindi.vic.gov.au

Community Support North East
(Alpine, Benalla, Indigo, Mansfield, Moira, Towong, Wangaratta, Wodonga, Upper Murray)
Phone **1300 368 038**
www.wangaratta.vic.gov.au

Early Childhood Services

Early Childhood Intervention Services (ECIS) Central Intake. Central Intake will determine whether your child is eligible for ECIS and make a referral to an ECIS agency.
Phone **1800 627 391**
www.education.vic.gov.au/childhood/provider/s/needs/Pages/northeastecis.aspx

ECIS Flexible Support Packages

Community Link
Phone **5823 6531**
www.gvhealth.org.au/

Local Government –Home and Community Care (HACC)

Mitchell Shire Council
Mitchell Community Health
Phone **5784 5555**
www.mitchellchs.vic.gov.au

Moira Healthcare Alliance
Phone **5742 1111** or **1300 655 372**
www.moirahhealthcare.org.au

Murrindindi Shire Council
Phone **5772 0365**
www.murrindindi.vic.gov.au

Shire of Strathbogie
Phone **1800 065 993**
www.strathbogie.vic.gov.au

Tallangatta Health Service
Phone **02 6071 5200**
www.tallangattahealthservice.com.au

Upper Murray Health and Community Services (Corryong)
Phone **02 6076 3200**
www.umhcs.vic.gov.au

Rural City of Wangaratta
Phone **5722 0790**
www.wangaratta.vic.gov.au

City of Wodonga
Phone **02 6022 9620**
www.wodonga.vic.gov.au

Preschool Field Officers (PSFO)

SCOPE Victoria Hume Region
(Benalla, Mansfield, Mitchell, Moira, Murrindindi, Shepparton & Strathbogie)
Phone **5762 7121**
www.scopevic.org.au

Upper Murray Family Care
Phone **5721 9655** (Wangaratta)
Phone **02 6024 3235** (Wodonga)
www.umfc.com.au

Koorie Early Childhood Field Officer

Phone **5761 2100** (Benalla)
www.education.vic.gov.au/about/department/structure/Pages/northeastern.aspx

Recreation

Sport North East
(Alpine, Indigo, Towong, Wangaratta, Wodonga)
Phone **5721 0249**
www.sportnortheast.com.au

Disability Sport and Recreation
Phone **9473 1033** (General enquiries)
Sportrec Access Line **1800 234 648**
www.dsr.org.au/

Nican
Phone **1800 806 769**
www.nican.com.au

Valley Sport
(Benalla, Mansfield, Mitchell, Moira, Murrindindi, Shepparton, Strathbogie)
Phone 5831 8456
www.valleysport.net.au

VICSRAPID (Victorian Sport & Recreation Assn. of Persons with an Intellectual Disability Inc)
Phone **9926 1380**
www.vicsrapid.websyete.com.au

Respite care

Commonwealth Respite and Carelink Centre (CRCC)
Phone **1800 052 222** Free call
Phone **1800 059 059** (AH)
www9.health.gov.au/ccsd/index.cfm

Respite Hume
www.respitehume.org.au

Respite Victoria
www.respitevictoria.org.au

Other Respite care

Upper Murray Family Care
(Alpine, Indigo, Mansfield, Towong, Wangaratta & Wodonga)
Phone **02 6057 8400**
www.umfc.com.au

Villa Maria
Phone **5832 8444**
www.villamaria.com.au

Sibling Program Directory
www.acd.org.au/siblings/directory.htm

Statewide Equipment Program (SWEP)

Phone **1300 747 937**
swep.bhs.org.au

Young Adults

Department of Human Services (DHS)
Disability Client Services Intake and Response
Phone **1800 783 783**
www.dhs.vic.gov.au/for-individuals/disability/community-life-and-jobs