



Helping You and Your Family

Information, support and advocacy for parents of children with a disability in Victoria

Helping You and Your Family is an easy-to-read 16-page information booklet for families of children with any type of disability or developmental delay. With a focus on the needs of families in the early years, topics include Diagnosis, Family and Friends, Siblings, Looking After Yourself, Your Support Network, and Working Together with professionals. A list of phone numbers and websites is also included at the back for easy reference.

Copies of Helping You and Your Family are available FREE to families. Service providers and professionals can also order multiple copies free of charge to give to families.

“Just knowing that other parents had experienced what we were going through really helped me feel not so alone and gave me hope.”



Membership & NoticeBoard magazine

Have you read our member magazine NoticeBoard lately? Membership to our Association is now FREE for families for the first 12 months.

Members receive our NoticeBoard magazine which includes family stories, news and information about services and changes to government policy.

Publication	Quantity
Helping You and Your Family (English)	
Helping You and Your Family (Arabic)	
Helping You and Your Family (Chinese)	
Helping You and Your Family (Vietnamese)	
If you would like copies of Helping You and Your Family in a language other than those listed here, please tell us your preferred language/s:	

Your details

Name: _____

Title and Organisation (if applicable): _____

Address: _____

State: _____ Postcode: _____

Phone: _____ Mobile: _____

Email: _____

- I am a member of the Association for Children with a Disability
- Please send me information about membership and the NoticeBoard magazine

Send to: Association for Children with a Disability
 Suite 2, 98 Morang Road, Hawthorn VIC 3122
 Fax: 03 9818 2300 Phone: 03 9818 2000 or 1800 654 013 (rural callers)
 Email: mail@acd.org.au Web: www.acd.org.au