



Key Regional Contacts

for families of children with a disability

Hume Region

Parent Support

See pages 1 and 2 of 'Through the Maze: A Guide to Benefits and Services for Families of Children with a Disability', available free from the Association for Children with a Disability. See back page for details.

Regional Parent Support Co-ordinator

Benalla Support Group for Children with Special Needs
(Trudi Ann Eaton) (*Benalla & Mansfield*) Phone: 5762 7057

Lower Hume Parent Support Group (Debbie Britton) (*Seymour*) Phone: 5799 0039

Goulburn Valley Support Group for Children with Special Needs
(Nicole O'Brien) (*Greater Shepparton/Yarrawonga*) Phone: 5814 3355

Cooinda Family Support Group (Sue Pringle) (*Wodonga*). Phone: (02) 6056 4844

Child Care

Includes:
- child care centres
- family day care
- holiday program
- before & after school care

Child Care Access Hotline Phone: 1800 670 305

National Child Care Accreditation Council Phone: 1300 136 554

Community Child Care Association Phone: 9486 3455

Children aged 0 - school age (5 or 6 years)

See pages 5, 6 and 9 of 'Through the Maze'

Early Childhood Intervention Services (ECIS)

Early Childhood Intervention Services (ECIS) Central Intake Phone: 1800 783 783

Central Intake will determine whether your child is eligible for ECIS and make a referral to an ECIS agency.

Specialist Children's Services Hume Phone: 5722 0555 or

ECIS Central Intake Phone: 1800 783 783

Early Childhood Intervention Services (ECIS) Flexible Support Packages

Community Interlink Phone: 5823 6531

Early Choices

Community Interlink Shepparton

(*Greater Shepparton, Mitchell, Moira, Murrindindi, Strathbogie*) Phone: 5823 6555 or
1800 222 582

Community Support North East

(*Part of Alpine, Indigo, Towong, Wodonga*) Phone: (02) 6056 8512 or
1300 368 038

Children aged 0 - school age (5 or 6 years)

See pages 5, 6 and 9 of 'Through the Maze'
Continued...

Preschool Field Officer (PSFO)

SCOPE Victoria - Hume Region (*Benalla, Mansfield, Mitchell, Moira, Murrindindi, Shepparton, Strathbogie*) Phone: 5799 1630

Upper Murray Family Care

(*Wangaratta*) Phone: 5723 4021

(*Alpine, Indigo, Towong, Wodonga*) Phone: 02 6022 8200 or
02 6022 8219

Koorie Early Childhood Field Officer Phone: 5832 1502





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Turning 6 and going to school

See pages 7, 8 and 9 of 'Through the Maze'

Disability Client Services, Department of Human Services
Disability Intake and Response Team Phone: 5722 0555 or 1800 783 783

Making a Difference Program

Community Interlink Shepparton
 (Mitchell, Moira, Murrindindi, Greater Shepparton, Strathbogie) ... Phone: 5823 6555 or 1800 222 582

Community Support North East
 (Alpine, Benalla, Indigo, Mansfield, Moira, Towong, Wangaratta, Wodonga) Phone: 1300 368 038

Department of Education and Early Childhood Development (DEECD)

Regional Disability and Welfare Manager Phone: 5761 2100

Respite Care

See page 13 of 'Through the Maze'

Regional Carer Respite Centre
 Villa Maria Carelink and Commonwealth Care Respite Centre Phone: 5832 8444 or 1800 059 059

Interchange

Interchange Family Care
 - (Greater Shepparton) Phone: 5823 7000
 - (Seymour) Phone: 5735 4600
 Interchange Upper Murray Family Care
 - (Wangaratta) Phone: 5723 4000
 - (Wodonga) Phone: (02) 6022 8200

Local Government Home and Community Care (HACC)

Continued next page...

Home and Community Care (HACC)

Alpine Shire Council Phone: 5755 0142
 Benalla Rural City (Benalla, Mansfield) Phone: 5761 2248
 City Greater Shepparton Phone: 5832 9785
 Indigo Shire Council Phone: 5728 8000

Local Government Home and Community Care (HACC)

Also see previous page.

See page 14 of 'Through the Maze'

Mitchell Shire Council - Mitchell Community Health Phone: 5784 5555
 Moira HealthCare Alliance Phone: 5743 3200 or 1300 655 372
 Murrindindi Shire Council Phone: 5772 0365
 Shire of Strathbogie Phone: 5795 0001
 Tallangatta Health Service Phone: (02) 6071 5200
 Upper Murray Health and Community Services (Corryong) Phone: (02) 6076 3200
 Rural City of Wangaratta Phone: 5722 0875
 City of Wodonga Phone: (02) 6022 9622





Key Regional Contacts

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Hume Region

Child and Adolescent Mental Health Service (CAMHS)

See page 17 of
'Through the Maze'

Child and Adolescent Mental Health Service (CAMHS)

Goulburn Valley CAMHS

(Greater Shepparton, Mitchell, Moira, Murrundindi, Strathbogie) . . . Phone: 5832 2160 or
1300 369 005 (AH)

North East CAMHS

(Alpine, Benalla, Indigo, Mansfield, Towong, Wangaratta, Wodonga) Phone: (02) 6024 7711 or
1300 881 104

Continence

See pages 15 of
'Through the Maze'

Goulburn Valley Continence Service

(Mitchell, Moira, Murrundindi, Shepparton, Strathbogie) Phone: 5831 6192

Ovens and King Community Health Inc

(Alpine, Benalla, Indigo, Mansfield, Towong, Wangaratta, Wodonga) Phone: 5723 2000

Wangaratta Base Hospital

(Alpine, Benalla, Indigo, Mansfield, Towong, Wangaratta, Wodonga) Phone: 5722 0111

Wodonga District Hospital

(Alpine, Benalla, Indigo, Mansfield, Towong, Wangaratta, Wodonga) Phone: (02) 6051 7111

Continence Aids Assistance Scheme Helpline (5+) Phone: 1300 366 455

National Continence Helpline Phone: 1800 330 066

Recreation AAA Workers

See page 19 of
'Through the Maze'

Access for All Abilities (AAA) Worker

Sport and Recreation Victoria. Phone: 5721 6022

Rural Access Program

See page 25 of
'Through the Maze'

Rural Access Worker

Rural Access Upper Hume (Indigo, Towong, Wodonga) Phone: 5728 1000

Rural Access Goulburn (Moira, Shepparton, Strathbogie) Phone: 5792 2010

Rural Access Lower Hume (Mitchell, Murrundindi) Phone: 5784 1306

Rural Access Central Hume (Alpine, Benalla, Mansfield, Wangaratta) Phone: 5775 8522

Koori Access East Hume (Wodonga) Phone: (02) 6024 7599

Koori Access West Hume (Greater Shepparton) Phone: 1800 222 582

Futures for Young Adults Program

See page 23 of
'Through the Maze'

Department of Human Services

Futures for Young Adults Co-ordinator Phone: 5722 0555

Sibling Support

For information about sibling programs in the Hume Region, please contact the Association office on 9818 2000 or 1800 654 013.



Association for Children with a Disability

Our Association is a statewide non-profit organisation run by parents of children with a disability. We work in close co-operation with a network of Regional Parent Support Co-ordinators in Victoria and various statewide and national parent support groups, including the Australian Association for Families of Children with Disability. For parents/carers we provide free telephone information and advice about any issues relating to children with a disability including education, respite, aids and equipment, home care and recreation.



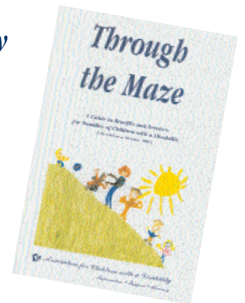
'NoticeBoard' ***Our bi-monthly magazine***

One of the best ways to keep up to date is to become a member of our Association and receive our magazine, 'NoticeBoard'. Membership is free for families for the first 12 months. Service providers, organisations, interested persons and other community supporters are also encouraged to join our Association.

'Through the Maze'

A Guide to Benefits and Services for families of Children with a Disability

This Key Regional Contact sheet complements our information booklet, 'Through the Maze: A Guide to Benefits and Services for Families of Children with a Disability', available free from our Association. A summary version of 'Through the Maze' is also available in various community languages.



'Helping You and Your Family'

Information, support and advocacy for parents of children with a disability

The booklet 'Helping You and Your Family: Information, support and advocacy for parents of children with a disability' is available free from our Association.



'Sharing Our Story'

Parents of children with a disability talk about their lives

The 'Sharing Our Story' video explores the lives of five families of children with a disability. If you are involved in providing services or other assistance to children with a disability and their families, 'Sharing Our Story' will move and inspire you to better understand the world from a family's perspective.

A range of community education training packages are also available.



Your Feedback

We greatly appreciate your feedback and ideas. If you have any comments or suggestions about this information sheet or any other aspect of our work, please contact us (see below for details).

