



# Key Regional Contacts

for families of children with a disability

## Grampians Region

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### Parent Support

See pages 1 and 2 of  
'Through the Maze:  
A Guide to Benefits and  
Services for Families of  
Children with a Disability',  
available free from the  
Association for Children  
with a Disability.  
See back page for details.

#### Regional Parent Support Co-ordinator

PINARC Support Services (Helen Rennie) (Ballarat) . . . . . Phone: 5329 1361

Wimmera Uniting Care (Anne Page) (Horsham) . . . . . Phone: 5382 6789

Gateways Support Services (Julie Giles)

(Part of Golden Plains, Meredith and Bannockburn) . . . . . Phone: 5221 2984

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### Child Care

Includes:  
- child care centres  
- family day care  
- holiday program  
- before & after school care

See page 6 of  
'Through the Maze'

Child Care Access Hotline . . . . . Phone: 1800 670 305

National Child Care Accreditation Council . . . . . Phone: 1300 136 554

Community Child Care Association . . . . . Phone: 9486 3455

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### Children aged 0 - school age (5 or 6 years)

See pages 5, 6 and 9 of  
'Through the Maze'

#### Early Childhood Intervention Services (ECIS)

Early Childhood Intervention Services (ECIS) Central Intake Phone: 1800 783 783

Central Intake will determine whether your child is eligible for ECIS and make a referral to an ECIS agency.

#### Early Childhood Intervention Services (ECIS) Flexible Support Packages

PINARC . . . . . Phone: 5329 1300

#### Early Choices

PINARC Support Services . . . . . Phone: 5329 1300

#### Preschool Field Officer (PSFO)

PINARC Support Services Ballarat (Ararat, Ballarat, Hepburn,  
Golden Plains, Moorabool, Pyrenees) . . . . . Phone: 5329 1300

Wimmera Uniting Care - Horsham (Hindmarsh, Horsham,  
Northern Grampians, West Wimmera, Yarriambiack) . . . . . Phone: 5362 4034





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### Turning 6 and going to school

See pages 7, 8 and 9 of 'Through the Maze'

#### Disability Client Services, Department of Human Services

Disability Intake and Response Team ..... Phone: 5333 6720 or 1800 670 143 (Ballarat) or 1800 783 783

#### Making a Difference Program

PINARC Support Services

(Ararat, Ballarat, Golden Plains, Hepburn, Hindmarsh, Horsham, Moorabool, Northern Grampians, Pyrenees, West Wimmera, Yarriambiack) . . . Phone: 5329 1300

#### Department of Education and Early Childhood Development (DEECD)

Regional Disability and Welfare Manager ..... Phone: 5337 8444

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### Respite Care

See page 13 of 'Through the Maze'

#### Regional Carer Respite Centre

Carers Choice. .... Phone: 5333 7104 or 1800 059 059

Wimmera Uniting Care Family Respite Service (Hindmarsh, Horsham, Northern Grampians, West Wimmera, Yarriambiack) . . . Phone: 5362 4040

Wimmera Respite Service (Hindmarsh, Horsham, West Wimmera, Yarriambiack) . . . . . Phone: 5398 2166

#### Interchange

Interchange PINARC Support Services Ararat (Ararat, Ballarat, Golden Plains, Hepburn, Northern Grampians, Pyrenees) . . . . . Phone: 5329 1300

Interchange PINARC Support Services Ballarat (Ararat, Ballarat, Golden Plains, Hepburn, Moorabool, Pyrenees) . . . . . Phone: 5329 1350

Interchange Wimmera Family Care (Hindmarsh, Horsham, Northern Grampians, West Wimmera, Yarriambiack) . . . . . Phone: 5382 6789

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### Local Government Home and Community Care (HACC)

See page 14 of 'Through the Maze'

#### Home and Community Care (HACC)

Rural City of Ararat . . . . . Phone: 5355 0242

Ballarat City Council . . . . . Phone: 5320 5501

Golden Plains Shire Council . . . . . Phone: 5220 7151

Hepburn Shire Council . . . . . Phone: 5345 8399

Hindmarsh Shire Council . . . . . Phone: 5397 2137

Horsham Rural City Council . . . . . Phone: 5382 9715

Moorabool Shire Council . . . . . Phone: 5366 7100

Northern Grampians Shire Council . . . . . Phone: 5358 8700

Pyrenees Shire . . . . . Phone: 5349 2000

West Wimmera Shire Council . . . . . Phone: 5585 9900

Yarriambiack Shire Council . . . . . Phone: 5398 0107

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### **Child and Adolescent Mental Health Service (CAMHS)**

#### **Child and Adolescent Mental Health Service (CAMHS)**

Grampians Psychiatric Services CAMHS. . . . . Phone: 1300 661 323

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'Through the Maze'

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### **Continence**

Continence Aids Assistance Scheme Helpline (5+) . . . . . Phone: 1300 366 455  
National Continence Helpline . . . . . Phone: 1800 330 066

See pages 15 of  
'Through the Maze'

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### **Recreation AAA Workers**

#### **Access for All Abilities (AAA) Worker**

Wimmera Regional Sports Assembly (*Ararat, Hindmarsh, Horsham, Northern Grampians, Pyrenees, West Wimmera, Yarriambiack*) . . . Phone: 5382 4599  
Central Highlands Sports Assembly  
(*Ballarat, Golden Plains, Hepburn, Moorabool*) . . . . . Phone: 5331 6966

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'Through the Maze'

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### **Rural Access Program**

#### **Rural Access Workers**

(*Ararat, Northern Grampians, Pyrenees*) . . . . . Phone: 5352 6202  
(*Ballarat, Golden Plains*) . . . . . Phone: 5320 5769  
(*Hepburn, Moorabool*) . . . . . Phone: 5321 6567  
(*Hindmarsh, Horsham, West Wimmera, Yarriambiack*) . . . . . Phone: 5382 9747

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'Through the Maze'

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### **Futures for Young Adults Program**

#### **Department of Human Services**

**Futures for Young Adults Co-ordinator** . . . . . Phone: 5333 6669

See page 23 of  
'Through the Maze'

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### **Sibling Support**

For information about sibling programs in the Grampians Region, please contact the Association office on 9818 2000 or 1800 654 013.

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### **Other Services/Notes**

Very Special Kids (Ballarat Office) . . . . . Phone: 5331 9399



# **Association for Children with a Disability**

Our Association is a statewide non-profit organisation run by parents of children with a disability. We work in close co-operation with a network of Regional Parent Support Co-ordinators in Victoria and various statewide and national parent support groups, including the Australian Association for Families of Children with Disability. For parents/carers we provide free telephone information and advice about any issues relating to children with a disability including education, respite, aids and equipment, home care and recreation.



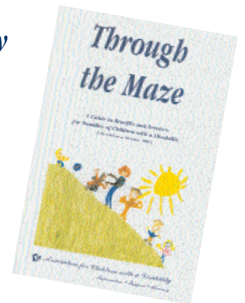
## **'NoticeBoard'** *Our bi-monthly magazine*

One of the best ways to keep up to date is to become a member of our Association and receive our magazine, 'NoticeBoard'. Membership is free for families for the first 12 months. Service providers, organisations, interested persons and other community supporters are also encouraged to join our Association.

## **'Through the Maze'**

### ***A Guide to Benefits and Services for families of Children with a Disability***

This Key Regional Contact sheet complements our information booklet, 'Through the Maze: A Guide to Benefits and Services for Families of Children with a Disability', available free from our Association. A summary version of 'Through the Maze' is also available in various community languages.



## **'Helping You and Your Family'**

### ***Information, support and advocacy for parents of children with a disability***

The booklet 'Helping You and Your Family: Information, support and advocacy for parents of children with a disability' is available free from our Association.



## **'Sharing Our Story'**

### ***Parents of children with a disability talk about their lives***

The 'Sharing Our Story' video explores the lives of five families of children with a disability. If you are involved in providing services or other assistance to children with a disability and their families, 'Sharing Our Story' will move and inspire you to better understand the world from a family's perspective. A range of community education training packages are also available.



## **Your Feedback**

We greatly appreciate your feedback and ideas. If you have any comments or suggestions about this information sheet or any other aspect of our work, please contact us (see below for details).

