

# Phone numbers

## Centrelink

13 27 17 (Carer Allowance/Payment)  
13 61 50 (Family Payments, Child Care)  
13 12 02 (Languages)

## Child Care Access Hotline

1800 670 305

## Disability Intake and Response

Department of Human Services  
1800 783 783

## Early Childhood Intervention Services (ECIS) Central Intake

Access via Disability Intake and Response  
1800 783 783

## Kids Help Line

1800 551 800

## Lifeline

13 11 14

## Maternal and Child Health Line

13 22 29

## Medicare

13 20 11

## Mensline Australia

1300 789 978

## My Time Parent Support Groups

Parenting Research Centre  
1800 889 997

## National Carer Counselling Program

Carers Victoria  
1800 242 636

## National Continence Helpline

1800 330 066

## National Relay Service

1800 555 660 (Voice) or 1800 555 630 (TTY)

## NURSE-ON-CALL

1300 606 024

## Parent Line

13 22 89

## Parent support and information

Association for Children with a Disability  
03 9818 2000 or 1800 654 013 (rural callers)

## Playgroups

Playgroup Victoria  
03 9388 1599 or 1800 171 882

## Recreation, sport and the arts

NICAN  
1800 806 769

## Relationships Australia

1300 364 277

## Respite

Commonwealth Carer Respite Centre  
1800 059 059

## Royal Children's Hospital

03 9345 5522

## Translating and Interpreting Service

13 14 50

## WIRE - Women's Information

1300 134 130