

# Parent support



“The Parent Support Worker was great. She listened while I talked, and talked, and talked some more! We sorted through some of the practical things I needed help with and I got off the phone feeling much better about things.”

Sometimes it helps to talk things through with someone who understands things from a parent perspective

Every child is unique and every family is different. No two situations are the same.

Many parents call our Parent Support Workers for information and support each year. Some inquiries have easy answers. Others involve complex issues that may need many conversations and follow-up over a number of weeks.

You might have all the right information but need help understanding what it means for you and your family.

Our Parent Support Workers can:

- Listen to the issues you need help with
- Give you information about services and support available to you and your family
- Help you develop skills in what we call ‘parent advocacy’ and learn how to negotiate and advocate on behalf of your child and family

All of our Parent Support Workers are parents of children with a disability.

In helping you and your family, our Parent Support Workers draw on their own experiences and those of the many other parents who have been involved with our Association over the years.

Please remember that you can ring and speak to our Parent Support Workers about any disability issue.